

## The Health Cure - 90 Days Schedule RSO Oil - 2.0 / Suppository Capsules

Week	Days	Amount drops per ml. per day	Total amount drops in ml.	Morning	Afternoon	Evening	Total Drops Capsules Per Day	Tincture & Capsules
<b>1</b>	<b>1</b>		<b>0,02</b>		<b>1</b>	<b>1</b>	<b>2</b>	<b>2.0 Tincture</b>
1	2		0,04		1	1	2	2.0 Tincture
1	3		0,06		1	1	2	2.0 Tincture
1	4		0,08		1	1	2	2.0 Tincture
1	5		0,12	1	2	2	5	2.0 Tincture
1	6		0,16	1	2	2	5	2.0 Tincture
1	7		0,20	1	2	2	5	2.0 Tincture
2	8		0,24	1	2	2	5	2.0 Tincture
2	9		0,30	2	3	3	8	2.0 Tincture
2	10		0,36	2	3	3	8	2.0 Tincture
2	11		0,42	2	3	3	8	2.0 Tincture
2	12		0,10	2	3	3	8	2.0 Tincture
2	13		0,56	3	3	4	10	2.0 Tincture
2	14		0,65	3	3	4	10	2.0 Tincture
3	15		0,73	3	3	4	10	2.0 Tincture
3	16		0,81	3	3	4	10	2.0 Tincture
3	17		0,91	4	4	4	12	2.0 Tincture
<b>3</b>	<b>18</b>		<b>1,01</b>	4	4	4	<b>12</b>	2.0 Tincture
3	19		1,11	4	4	4	12	2.0 Tincture
3	20		1,21	4	4	4	12	2.0 Tincture
3	21		1,36	5	6	7	18	2.0 Tincture
4	22		1,50	5	6	7	18	2.0 Tincture
4	23		1,64	5	6	7	18	2.0 Tincture
4	24		1,78	5	6	7	18	2.0 Tincture
4	25		1,94	6	7	7	20	2.0 Tincture
<b>4</b>	<b>26</b>		<b>2,10</b>			<b>1</b>	<b>1</b>	<b>Capsules MT2</b>
4	27		2,26			1	1	Capsules MT2
4	28		2,42			1	1	Capsules MT2
5	29		2,62		1	1	2	Capsules MT2
5	30		2,82		1	1	2	Capsules MT2
5	31		3,12		1	1	2	Capsules MT2
5	32		3,42	1	1	1	3	Capsules MT2
5	33		3,92	1	1	1	3	Capsules MT2
5	34		4,42	1	1	1	3	Capsules MT2
5	35		5,17	1	1	1	3	Capsules MT2
<b>6</b>	<b>36</b>	<b>1,0</b>	<b>6,17</b>	<b>1</b>	<b>1</b>	<b>2</b>	<b>4</b>	Capsules MT2
6	37	1,0	7,17	1	1	2	4	Capsules MT2
6	38	1,0	8,17	1	1	2	4	Capsules MT2
6	39	1,0	9,17	1	1	2	4	Capsules MT2
6	40	1,0	10,17	1	1	2	4	Capsules MT2
6	41	1,0	11,17	1	1	2	4	Capsules MT2
6	42	1,0	12,17	1	1	2	4	Capsules MT2
7	43	1,0	13,17	1	1	2	4	Capsules MT2
7	44	1,0	14,17	1	1	2	4	Capsules MT2
7	45	1,0	16,17	1	1	2	4	Capsules MT2
7	46	1,0	16,17	1	1	2	4	Capsules MT2
7	47	1,0	17,17	1	1	2	4	Capsules MT2
7	48	1,0	18,17	1	1	2	4	Capsules MT2
7	49	1,0	19,17	1	1	2	4	Capsules MT2

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Week	Days	Amount drops per ml. per day	Total amount drops in ml.	Morning	Afternoon	Evening	Total Drops Per Day	Tincture
8	50	1,0	20,17	1	1	2	4	Capsules MT2
8	51	1,0	21,17	1	1	2	4	Capsules MT2
8	52	1,0	22,17	1	1	2	4	Capsules MT2
8	53	1,0	23,17	1	1	2	4	Capsules MT2
8	54	1,0	24,17	1	1	2	4	Capsules MT2
8	55	1,0	25,17	1	1	2	4	Capsules MT2
8	56	1,0	26,17	1	1	2	4	Capsules MT2
9	57	1,0	27,17	1	1	2	4	Capsules MT2
9	58	1,0	28,17	1	1	2	4	Capsules MT2
9	59	1,0	29,17	1	1	2	4	Capsules MT2
9	60	1,0	30,17	1	1	2	4	Capsules MT2
9	61	1,0	31,17	1	1	2	4	Capsules MT2
9	62	1,0	32,17	1	1	2	4	Capsules MT2
9	63	1,0	33,17	1	1	2	4	Capsules MT2
10	64	1,0	34,17	1	1	2	4	Capsules MT2
10	65	1,0	35,17	1	1	2	4	Capsules MT2
10	66	1,0	36,17	1	1	2	4	Capsules MT2
10	67	1,0	37,17	1	1	2	4	Capsules MT2
10	68	1,0	38,17	1	1	2	4	Capsules MT2
10	69	1,0	39,17	1	1	2	4	Capsules MT2
10	70	1,0	40,17	1	1	2	4	Capsules MT2
11	71	1,0	41,17	1	1	2	4	Capsules MT2
11	72	1,0	42,17	1	1	2	4	Capsules MT2
11	73	1,0	43,17	1	1	2	4	Capsules MT2
11	74	1,0	44,17	1	1	2	4	Capsules MT2
11	75	1,0	45,17	1	1	2	4	Capsules MT2
11	76	1,0	46,17	1	1	2	4	Capsules MT2
11	77	1,0	47,17	1	1	2	4	Capsules MT2
12	78	1,0	10,17	1	1	2	4	Capsules MT2
12	79	1,0	49,17	1	1	2	4	Capsules MT2
12	80	1,0	50,17	1	1	2	4	Capsules MT2
12	81	1,0	51,17	1	1	2	4	Capsules MT2
12	82	1,0	52,17	1	1	2	4	Capsules MT2
12	83	1,0	53,17	1	1	2	4	Capsules MT2
12	84	1,0	54,17	1	1	2	4	Capsules MT2
13	85	1,0	55,17	1	1	2	4	Capsules MT2
13	86	1,0	56,17	1	1	2	4	Capsules MT2
13	87	1,0	57,17	1	1	2	4	Capsules MT2
13	88	1,0	58,17	1	1	2	4	Capsules MT2
13	89	1,0	59,17	1	1	2	4	Capsules MT2
13	90	1,0	<b>60,17</b>	1	1	2	4	Capsules MT2

2.0 Tincture = 2ml. Pure RSO Oil Mixed with Omega 3,6,9 Oil.  
58ml. Pure RSO Oil in 232 Suppository Capsules